Laboratory Evaluation of Insecticidal Activity of *Phytolacca Dodecandra* L.'Herit Leaves Extracts Against Bedbug, (Heteroptera: Cimicidae)

Deniel Kebede¹, Seblework Mekonnen¹, Argaw Ambelu¹, Kaliyaperumal Karunamoorthi^{1, 2,†}

¹Department of Environmental Health Sciences and Technology, College of Public Health & Medical Sciences, Jimma University, Jimma, Ethiopia

²Department of Environmental Health Sciences, Faculty of Public Health & Tropical Medicine, Jazan University, Kingdom of Saudi Arabia

karunamoorthi@gmail.com

Abstract: Bedbugs are hematophagous insects that have plagued humans for over centuries. In recent decades bedbug infestation raising dramatically worldwide because of the emergence of insecticide resistance, notably pyrethroids. Therefore, the aim of this investigation was to evaluate the insecticidal properties of Ethiopian indigenous plant Endod [vernacular name (local native language, Amharic); Phytolacca dodecandra L'Hérit] leaf extracts against bedbugs, under the laboratory conditions. Insecticidal bio-assay was performed against bedbugs. Both fresh (crude) and dried (acetone) leaves extracts of endod were impregnated to filter paper disc [(Whatman No. 1, 90mm); cut to 2.27cm² (1.7cm diam)] at various concentrations. Bedbugs were exposed for 2 h, subsequently transferred to an untreated environment and monitored for mortality at 24, 48 and 78 h intervals. Extracts of P. dodecantra exhibited various degrees of insecticidal activity against bedbugs. However, acetone extract has demonstrated quite remarkable insecticidal effects against bedbugs in terms of the higher mortality rate than the crude extract. The LC_{50} , LC_{90} and LC_{99} values of the crude extract were at 24 h (3.986, 17.373 and 57.680 mg/l), 48 h (3.127, 14.576, and 51.126 mg/l), and 72 h (2.960, 14.202 and 50.91 mg/l) post exposure. Whereas LC_{50} , LC_{90} and LC_{99} values of the acetone extract were at 24 h (3.127, 14.576 and 51.126) mg/l), 48 h (2.790, 13.730, and 50.327 mg/l) and 72 h (2.586, 10.464 and 32.703 mg/l) post treatment. The findings are clearly exhibited that the percent of mortality directly proportional to concentration as well as the period of exposure dependent. Green insecticides are often preferable because of their low mammalian and non-target toxicity. The findings clearly established the bio-potency of Endod as a safe alternative bedbug control agent. Nevertheless, further scientific studies are warranted to identify responsible bio-active molecules, their mode of action, safety to the human, non-target organism and environment. Besides, adequate measures have to be made by bringing various pertinent stakeholders in order to formulate and commercialize the endodbased insecticide to effectively combat bedbugs in the future.

Keywords: Bedbugs, Phytolacca dodecandra, Endod, Ethiopia

1. INTRODUCTION

Bedbugs are obligatory hematophagous ectoparasites that have been one of the most common and annoying pests in human history [1-3]. In recent decades, bedbug infestation has increased dramatically across the United States, Canada, Europe, Australia, Asia as well as in many African countries and beyond [4]. It has been linked to increased international travel, changes in pest management practices (including increased regulatory constraints removing certain chemical insecticides from operational use)[5], and the wide scale spread of insecticide resistance[6-8].

In Africa, tropical bedbug, (*Cimex hemipterus* L.) distributed throughout warm zones [1], whereas temperate one, *C. lectularius* L. is common in the rest of the Africa [9]. Bedbugs are wingless, reddish-brown, dorso-ventrally flattened tiny (5-7mm) insects. Their size, nocturnal and cryptic behavior as well as the potential for developing insecticide resistance makes them difficult to detect, control and eradicate [10]. Bedbug infestation and associated pruritic bites cause a variety of emotional and psychological impacts [11]. It also causes a range of clinical symptoms vary from asymptomatic to severe cutaneous, allergic and systemic reactions. Nevertheless, thus far they are not scientifically authenticated as the insect vector of diseases to human.

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Irrespective of the socioeconomic status, all sections of the society are vulnerable of being bitten. However, bedbug infestation is widespread in the poverty-stricken settings, especially in low- and middle-income countries (LMICs), as it is inextricably intertwined with poverty [12]. It has been estimated that nearly eighty percent of the Ethiopians are living in the isolated remote villages and they are predominantly living in the substandard housing, which impose a severe risk to the infestation. Nevertheless, it is one of the most neglected public health care issues or concerns owing to the massive disease burden of the major killer diseases viz. Tuberculosis, HIV/AIDS and Malaria in this country [12]. Chemical interventions are often recommended [13] but the existing conventional insecticides are becoming feckless [14, 15] because of resistance and it is a potential threat to the global public health [16].

Accordingly, currently bedbugs have proven to be a challenging pest to contain or eradicate and it becomes the subject of significant research and public health concern than ever before [12]. In Ethiopia, the indiscriminate use of chemical insecticide imposes a severe health hazard to human and environmental hazard because of poor insecticidal management practices [17-18]. It insists to explore the development of next generation cost-effective vector control tools in terms of new classes of plant-based insecticide with novel mode of action to effectively curb the bedbug infestation in the future.

From these perspectives, the present communication becomes more substantial and pertinent. The plant kingdom is a potential warehouse to develop and deploy several eco-user-friendly repellents/insecticides because of their unique bio-active molecules. Ethiopia remains regarded as a potential repository of traditional insecticidal plants attributable to its varied climatic and topographic features [19-22]. Over decades Ethiopian and other African people have been using the berries of endod as a laundry detergent for washing clothes [23]. It is a proven botanical pesticide to control Schistosomiasis transmitting snails. Because of its molluscicidal (direct poisoning of snails) properties it can be used as an alternative insecticidal agent against mosquitoes and other insects[24], particularly bedbugs.

To the best of our knowledge and understanding to date, several studies have been reported on the chemistry, toxicity, and epidemiology of triterpenoid saponins (Lemmatoxins), larvicidal, pupicidal, antifungal, antiprotozoan, spermicidal, and molluscicidal properties of endod. Nevertheless, this is the first study was conducted to assess on the insecticidal activity of endod against bedbugs, which is one of the potential public health and medical hazards in this country. This communication could pave the way to develop an effective, cheap, safe and sustainable bedbug control interventions by formulating a risk-reduced green (ecological) insecticide as well as to minimize the heavy reliance of conventional insecticides and resistance for the control of bedbugs in the future.

2. MATERIALS AND METHODS

2.1. Plant Selections and Identification

In this study, a plant with known toxicity properties was selected from secondary data i.e. some reports in the literature or some bio-ethnological knowledge by the farmers, fisherman and local residents. Plant species of endod showing toxicity properties was chosen. Since ancient time the peoples have used this plant as a phytotherapeutic agent for numerous ailments [23]. In Ethiopia, high mortality of snails was noticed in natural water bodies, where people using endod berries as a detergent and subsequently, comprehensive investigations made and proved its molluscicidal activities[25]. The collected voucher specimen has been identified, pressed, numbered, dried, and deposited in the Jimma University Regional Herbarium, Ethiopia.

2.2. Taxonomy of Phytolacca Dodecandra L.'Herit

Kingdom: Plantae Division: Angiosperms Class: Eudicots Order: Caryophyllales Family: Phytolaccaceae Genus: Phytolacca Species: dodecandra

2.3. Preparation of Crude Extract from the Fresh Leaves

The fresh leaves of endod were collected from the outskirts of Jimma town, Oromiya Region, Ethiopia, and brought to the Environmental Health Sciences and Technology and Environmental Biology laboratories of Jimma University. The leaves were shredded into pieces subsequently 200g of the shredded leaves were taken and crushed with distilled water to obtain paste by using a mortal pistil grinder. Then, the paste was dissolved in 400ml distilled water. The mixed solution was kept for 24 h, then the solution was filtered with cheese cloth and filter paper [26]. The filtered fresh leaves (crude) extract was stored in the refrigerator at 4°C for later use. Then 10ml of the extract was serially diluted to achieve different test concentrations viz., 6.97mg/l, 13.95mg/l, 27.5mg/l, and 55mg/l, and 111mg/l.

2.4. Preparation of Acetone Extract from the Dried Leaves

Endod leaves were shade dried at room temperature $(29\pm1^{\circ}C)$ for twenty days and the dried leaves were powdered by using electrical blender. The 100g endod powder was kept in six conical flasks with 1000ml capacity and 600ml of acetone (solvent) was poured into each flask. Mouths of flasks were covered with aluminum foil and placed in a water bath for 72 h for continuous agitation for thorough mixing and complete elucidation of bio-active molecules to dissolve in the solvent. Then the extract was filtered by using Whatman filter paper (540 hardened ash less circles, 110mm thickness CAT No. 1540 110). The solvent (acetone) from the crude extract was removed by using a rotary vacuum evaporator with the water bath temperature of 50°C. Finally, the residue of dried leaves was collected in a vial (also known as a phial or flacon) and stored in refrigerator at 4⁰C for subsequent usage. One g of the extract residue was measured and the stock solution was prepared by adding one ml of acetone and 99ml of distilled water. Then five ml of the of the stock solution was taken and serially diluted in 95ml of distilled water to acquire different concentrations viz., 0.003mg/l, 0.062mg/l, 1.25mg/l, 25mg/l and 500mg/l.

2.5. Collection and Preparation of Bed Bugs

A total of 726 adult bedbugs of mixed sex were collected from the Jimma University student's dormitory by the well-trained insect collectors under the close supervision of a professional medical entomologist by using the forceps and torch light. The investigators asked the students to launder their infested items. The collected bedbugs were placed in the petri dishes. Good laboratory handling procedures were adopted and practiced for the collection, preservation and transportation of bedbugs. Subsequently the collected bedbugs were identified up to genus level (*Cimex* spp.) by using the standard bedbugs identification key. Consequently, these bedbugs were subjected to the standard bioassay test by exposing the unfed (no blood meal for 12d) and uniform sized adult bed bugs of mixed sex and of random collection from the colony (which are collected from the student's dormitory) and maintained in the laboratory for the experimentation purpose.

2.6. Determination of the Toxicity of the Fresh and Dried Leaf Extracts

Initially filter paper disc [(Whatman No. 1, 90mm); cut to 2.27cm^2 (1.7cm diam)] was placed in eighteen petri dishes and then the discs were impregnated with 2ml crude extract at different concentrations viz., 6.97mg/l, 13.95mg/l, 27.5mg/l, and 55mg/l, and 111mg/l, allowed to dry completely. Whereas the acetone extract the discs were impregnated with 2ml of 0.003mg/l, 0.062mg/l, 1.25mg/l, 25mg/l and 500mg/l concentrations. Three replicates were set up by placing twenty bedbugs (1:1 sex ratio) per petri dish, which was then covered and exposed for 2 h. The control groups were set up by treating the disc with distilled water and acetone alone to compare with their respective test groups. After 2 h the exposed bedbugs were transferred to an unsprayed environment (another petri dish without filter paper disc) and monitored. Mortality was assessed by gently touching each individual with a fine paint brush at 24, 48 and 72 h of the post treatment interval. The moribund and dead bedbugs in each concentration were combined in quadruplicate and expressed as percentage mortalities. Every bioassay was carried out under standard laboratory conditions (temperature ~ $25\pm2^{\circ}$ C; humidity ~ $80\%\pm10\%$ RH; 14-h light and 10-h dark cycle), and replicated three times with bedbugs from different batches.

2.7. Data Managements and Analysis

It was important in order to obtain no less than three mortality counts of between 10% and 90%. The average bedbug mortality data were subjected to probit analysis[27] for calculating LC_{50} , LC_{90} and other statistics at 95% confidence limits of upper confidence limit and lower confidence limit, and

chi-square values were calculated using the SPSS12.0 (Statistical Package for Social Sciences: Chicago, IL, USA) software. Control and treatment, mortality was compared with a chi-square analysis. A significant chi-square value indicates that the population was susceptible. Results with p < 0.05 were considered to be statistically significant. In cases where the control mortality was between 5-20%, the observed percent mortality (%M) was corrected by Abbott's formula[28]:

Observed mortality (%) – Control mortality (%)

 $- \times 100$

Corrected mortality = --

100 – Control mortality (%)

3. RESULTS

3.1. Toxicity of the Fresh Leaf Extract

Leaves extracts of *P. dodecantra* exhibited various degrees of insecticidal activity against bedbugs under the laboratory conditions.. The results are presented in Tables 1, and 2, as well as Figures 1, 2 and 3. The figures 1, 2, and 3 are clearly suggesting that both fresh (crude) and dried leaves (acetone) extracts of *P. dodecantra* have excellent insecticidal properties against bedbugs, causing rapid mortality following short-term (2h) exposure to spray residues. However, acetone extract has shown quite remarkable insecticidal activity than the crude extract. The bioassay findings in terms of the estimated LC₅₀, LC ₉₀ and LC₉₉ values of the crude extract at 24 h (3.986, 17.373 and 57.680 mg/l) 48 h (3.127, 14.576, and 51.126 mg/l) and 72 h (2.960, 14.202 and 50.91 mg/l) post exposure (Table 1, Figure 1 and 3). Whereas the estimated LC₅₀, LC ₉₀ and LC₉₉ values of the acetone extract at 24 h (3.127, 14.576 and 51.126 mg/l) 48 h (2.790, 13.730, and 50.327 mg/l) and 72 h (2.586, 10.464 and 32.703 mg/l) post exposure (Table 2, Figure 2 and 3). These lethal concentration values are clearly exhibited that the percent of mortality directly proportional to the dose and time of exposure dependent. The obtained results apparently established the potentiality of endod as a bedbug's control agent.

Table1. The estimated LC ₅₀ , LC 90 and LC99 values and confidence limits of the P. dodecandra crude extract at	
24, 48 and 72 h post exposure intervals.	

	Post Exposure	Values	Exposure	95% Confidence Limits		
S. No.	Period (h)	(mg/l)	Concentrations	Lower	Upper	P - values
	24	LC ₅₀	03.986	02.491	05.563	
1.		LC ₉₀	17.373	01.385	39.187	0.000*
		LC ₉₉	57.680	28.564	264.720	
	48	LC ₅₀	03.127	01.715	04.5	
2.		LC ₉₀	14.576	09.509	34.3	0.001*
		LC ₉₉	51.126	24.632	279.5	
	72	LC ₅₀	02.960	01.553	04.308	
3.		LC ₉₉	14.202	09.224	34.032	0.001*
		LC ₉₉	50.910	24.241	298.323	

Note: **Statistically significant at p*<0.001 *level*

Table2. The estimated LC_{50} , LC_{90} and LC_{99} values and confidence limits of the *P. dodecandra* acetone extract at 24, 48 and 72 h post exposure intervals.

	Post Exposure	Values	Exposure	95% Confidence Limits		Limits	
S. No.	Period (h)	(mg/l)	Concentrations	Lower	Upper	P - values	
		LC ₅₀	03.127	01.715	04.498		
1.	24	LC ₉₀	14.576	09.509	34.248	0.001*	
		LC ₉₉	51.126	24.632	279.466		
		LC ₅₀	02.790	01.393	04.110		
2.	48	LC ₉₀	13.730	08.888	33.477	0.002*	
		LC ₉₉	50.327	23.653	315.048		
		LC ₅₀	02.586	01.357	03.703		
3.	72	LC ₉₀	10.464	07.097	22.624	0.005*	
1		LC ₉₉	32.703	16.916	159.858		

Note: *Statistically significant at p<0.001 level

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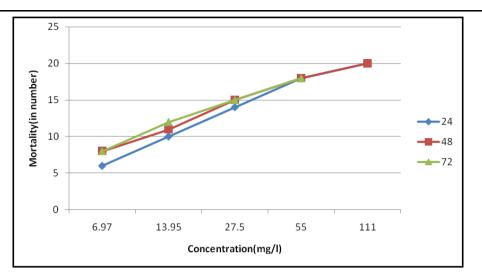


Fig1. The insecticidal activity of P. dodecandra the crude extract after 24, 48 and 72 h of exposure at different concentrations.

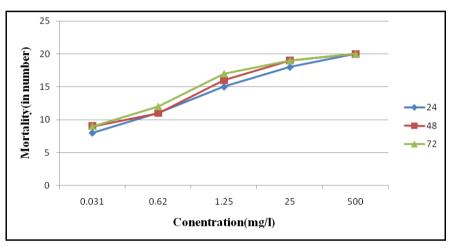


Fig2. The insecticidal activity of *P*. dodecandra the acetone extract after 24, 48 and 72 h of exposure at different concentrations.

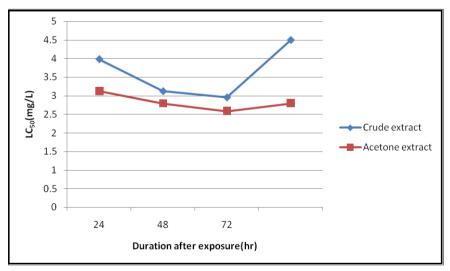


Fig3. LC₅₀ value of P. dodecandra crude and acetone extracts after 24, 48 and 72 h of post treatment.

4. DISCUSSION

Since time immemorial, humans have been using hundreds of thousands of plants as phytotherapeutic agents, Nutraceuticals and insecticidal to lead a healthier and a contentment life[29]. Indeed, prior to the advent of synthetic insecticides humankind solemnly relies on plants for his domestic, agriculture

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and public health insect control needs. Usage of plants for the control of bed bugs is not a new phenomenon and it is a age-old practice. South all imported Nonpareil liquor from Jamaica to control bedbugs [1, 3] and it might have been prepared with Quassia wood (an insecticidal tree), but the formula has been lost. In North America, people made beds from Sassafras wood to repel bedbugs in the mid of the 1700s [3]. In 1800s the extract of dried pyrethrum flowers (Persian Insect Powder), was extensively used in Europe and Asia, and in the United States [3]. In these historical perspectives, this study attempted to authenticate the insecticidal properties of a known plant, endod against bedbugs, where it is one of the most neglected public health issues in this country.

The result evidently demonstrated that the crude extract was potentially lethal to bedbugs in all the tested concentrations. The LC_{50} , LC_{90} and LC_{99} values were 3.98mg/l, 17.37mg/ml and 57.6mg/l, respectively at 24 h post exposures. However, there were significant levels of higher mortality rate observed when the bedbugs are exposed for 48 and 72 h. It is mainly due to the extension of the exposure period (Table 1, Figure 1 and 3). The discovery of the molluscicidal properties of endod led to the isolation, purification, and followed by elucidation of the chemical structure of the toxic principle[30, 31] were considered to be a one of the pioneer research works on the Ethiopian research history. Subsequently, endod butanol extract was evaluated for its mosquitocidal properties against second and third instar larvae of *Aedes aegypti*, *Culex pipiens* and *Anophelese quadrimaculatus*. It found that endod is considerably more toxic than rotenone and about 100 times as active as a commercial saponin preparation[32]. Debella et al. (2007)[33] also proved the mosquito larvicidal properties of endod against *Ae. africanus*, *Ae. aegypti* and *Cx. quinquefasciatus*.

Table 2 validate that the acetone extract was more noxious to bedbugs than the crude extract. The LC_{50} , LC_{90} and LC_{99} of acetone extract were 3.12mg/l, 14.57mg/l and 51.12mg/l, respectively at the 24 h post exposure. Similarly like crude extact the acetone extract also demonstrated a higher mortality rate when the exposure time extends to 48 and 72 h (Table 2, Figure 2 and 3). The results are quite comparable to a recent study conducted in Ethiopia reported that the different solvent extract of *P*. *dodecandra* against larvae of Cx *quinquefasciatus*. It found that the petroleum ether, acetone and benzene extracts were highly toxic when compared with methanol and crude extracts[34].

Similarly, the present study findings suggest that the extracts of endod has long residual effects against bedbugs, which resulted in higher mortality when the exposure period extends to more than 24 h (Figure 1, 2 and 3). The results are consistent with an Ethiopian study, which reported that when the exposure time and concentrations are increased a higher rate of mortality also observed[34]. These led to other investigations which demonstrated the susceptibility of larvae of the notorious black fly (*Simulium* spp.), the vector of onchococerciasis or river blindness[35] and larvae of the domestic house fly, *Musca domestica*. Further development and formulation of endod as an insecticide for village level use could have significant public health impact[36] in this country in the near future.

The above cited studies substantiate that endod has a significant level of broad spectrum insecticidal properties for the control of public health pests like beddbugs. Accordingly, crude and acetone extracts caused considerable mortality within the 24 h of post exposure resulted lowest LC_{50} values (Table 1 and 2). The findings are concurrent with an earlier study, which indicates that the concentration of endod required to kill mosquitoes is lesser than that which kills snails and fish[32]. Interestingly, over centuries berries of endod have been used for washing clothes in streams and lakeshores in Ethiopia and the rest of Africa, without any apparent adverse effect[36]. Furthermore, in Ethiopia and elsewhere in Africa, high concentrations of the endod leaves, roots, or berries are taken orally as phytotherapeutic agents for various ailments, such as for purging intestinal parasites and for abortion[37]. These reports advocate that the extracts of endod can be used as a potential bedbug's control agent by considering their user-and-eco-friendly merits. It could further minimize the exclusive reliance of chemical insecticides and their associated health risk and environmental hazard.

Irrespective of the types of extracts, both crude and acetone have contributed higher percent of mortality (100%) against bedbugs at all tested higher concentrations (Figure 1, 2 and 3). It could be possibly explained that the berries of *Phytolacca* type 44 species contained 25% by weight of saponin[31], which is the active principle for molluscidal properties. Thus, the higher rate of mortality may be ascribable to the presence of saponin and other secondary metabolites. Endod is well known for their omnipotent properties. The berries of endod synthesize various triterpenoid saponins, which possess potent and useful biological properties including detergent, molluscicidal [30, 38, 39], spermicidal[37], insecticidal[32], and fungicidal[24] properties.

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Nevertheless, Endod is scientifically authenticated as a potential molluscicidal agent, which kills the intermediate host snails that harbor schistosome parasites that cause schistosomiasis or bilharzias [40]. One of the most important criteria for widespread use of any insecticides is its safety to humans, animals using the treated bodies of water and local flora and fauna. Toxicological studies also exhibited that the endod fruit extracts do not have mutagenic or carcinogenic properties [41, 42]. Furthermore, a recent report suggests that the saponin of *P. dodecandra* was stable for only two days, then begin to dwindle in the following days ultimately bio-degraded (t1/2=15.8 h), within ten to twenty-one days[43].

These reports indicate that the extract of *P. dodecandra* can be useful as a safe and low-cost possible alternative to costlier synthetic insecticides in the bedbug control attributable to its bio-degradable nature. However, further research is warranted to explore the efficacy and safety of Endod-based insecticide towards the human beings, livestocks and environment to formulate and market it as a potential insecticidal agent to control insects of public health importance, especially mosquitoes and bedbugs in the future. Interestingly, endod is one of the endemic plants and widely distributed across Ethiopia and the rest of the Africa. It provides an ideal opportunity for us to generate the income among the rural poor by cultivation as well as to develop and deploy risk reduced (ecological) insecticides from the endod plants. We hope it could contribute to substantial alleviation of poverty in this nation in the future.

5. CONCLUSION

Plants contain numerous primary and secondary metabolites (bio-active molecules) in order to fend for themselves from their natural enemies [herbivores (predominantly insects)] and pathogens. Green pesticides are often easily accessible, affordable, user and eco-friendly in nature, and they become more attractive alternative insecticides to resource-limited settings [44]. The present study results apparently exhibit that the candidate plant endod has remarkable noxious or insecticidal activity against bedbugs. Since, bedbugs have developed resistance against most of the conventional insecticides, particularly pyrethroids, which is considered to be one of the profound factors in the recent resurgence of bedbugs in the widespread settings. In this context endod could play a pivotal role as a potent bedbug control agent in the near future. Withal, this communication warrants further investigations to elucidate the responsible bio-active principles, mode of action and safety. Besides, adequate measures have to be made by bringing a multidisciplinary act, with a range of pertinent stakeholders in order to formulate and commercialize the endod-based insecticide in the future.

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COMPETING INTERESTS

None declared.

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